

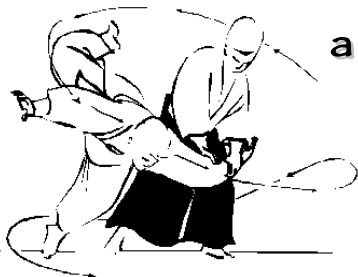
Ever wanted to learn a martial art?

Then join our Aikido beginners class in Upper Hutt!

Aikido is a fun, non-competitive style that teaches self-defence and confidence while improving fitness and coordination.

Aikido does not rely on strength or speed and is suitable for people of all ages and backgrounds.

This class will teach the basics and is aimed at junior and senior students who are new to Aikido.



Class time - Wednesdays 6.30 pm to 8.00 pm

Cost - \$50 for 10 classes

Enquiries and bookings - Kevin 021 02902122 or Mrs Leigh 04 5277723  
or email [info@huttaikido.org.nz](mailto:info@huttaikido.org.nz)

Visit us at [www.huttaikido.org.nz](http://www.huttaikido.org.nz)

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